Apoptotic Cell Death and p53 Expression in Leiomyosarcoma of Soft-Tissue Origin

Haruhiko Yoshida, Mari Watanabe*, Kohei Shomori*, Hisao Ito* and Takeshi Minamizaki†

Department of Pathobiological Science and Technology, *First Department of Pathology and †Department of Orthopaedic Surgery, Tottori University Faculty of Medicine, Yonago 683-0826 Japan

Leiomyosarcoma (LMS) of soft-tissue origin was studied on the expression and the biological significance of apoptosis in relation to p53 oncoprotein. Immunohistochemical analysis was performed initially on the paraffin-embbeded sections taken from 29 surgical tissues (20 cases) including 9 recurrent/metastatic tumors. The results are as follows: A positive correlation was observed between the p53 indices (PIs) and the proliferative markers designated by Ki-67, PCNA and MCM2, both of which increased significantly in the high-grade malignant LMS much more than in the low-grade one (P < 0.001). Apoptotic cells were detected by the TUNEL method and evaluated as the apoptotic index (AI). A high AI-level was shown in the high-grade malignant LMS, especially in cases of the recurrent/metastatic sites in comparison with the tumors of the primary site (P < 0.05). The AI was statistically higher in the p53-positive cases of high-grade malignant LMS than in the p53-negative cases of low-grade malignant LMS. In conclusion, apoptotic activity paralleled the overexpression of p53 protein along with an increasing grade of malignancy and may be related intimately to the increased malignant potential, especially to recurrence/metastasis.

Key words: apoptosis; immunohistochemistry; leiomyosarcoma; p53 protein

Leiomyosarcoma (LMS) is now known as one of the most frequent malignant tumors occurring in the soft-tissue of adults. It has been divided into 3 categories according to location by Enzinger and Weiss (1988), because of its clinical and biological behavior. Hashimoto et al. (1986) emphasized a prognostic difference between superficial and deep forms of LMS, an adverse prognosis of the deep form as compared to the superficial form. Histologically, conventional LMS is classified currently into well, moderately and poorly/anaplastic differentiated types depending on the degree of differentiation, but it is very difficult to evaluate the malignancy in predicting metastasis despite the multiple factors of size, cellularity, atypia and necrosis which are known as prognostic factors. Even at the level of mitotic activity, a serious decision can hardly be made on the biological behavior of LMS (Enzinger and Weiss, 1988).

Apoptosis is an active process of cell death occurring in both normal and neoplastic conditions and is characterized as the orderly participation of biological, morphological and molecular genetic events (Kerr et al., 1972, 1994; Wyllie, 1981; Umansky, 1982). It is induced by a variety of agents including oncogenic proteins, mainly p53 protein, the bcl-2 gene family and Fas/Fas legand among the process and regulation of apoptosis (Kerr et al., 1994). Recent studies have disclosed 2 pathways for the expression of apoptosis (Clarke and Purdie, 1993;

Abbreviations: AI, apoptotic index; LMS, leiomyosarcoma; MCM2, minimichrosome 2; PCNA, proliferating cell nuclear antigen; PI, p53 index; TUNEL, terminal deoxynuleotidyl transferase-mediated dUTP-biotin nick end labeling

Endo et al., 1999): p53 gene-dependent (Haupt et al., 1966; Chen et al., 1996) and -independent pathways, the latter of which can be induced by growth factors, hormones, chemotherapeutic agents and radiation (Clarke and Purdie, 1993; Endo et al., 1999). In considering malignant neoplasma, apoptosis may play an important role in the regulation of tumor growth in intimate relation to the p53 gene regulating the cell cycle in conjunction with cell proliferation.

The relationship between p53 gene status and apoptosis, however, has rarely been reported on soft-tissue sarcoma (Staunton and Gaffney, 1995; Yuki et al., 1995; Nakanishi et al., 1997; Valenti et al., 1998). We examined the relationship between the p53 protein and apoptosis in 29 surgical specimens from 20 cases of LMS of soft-tissue origin which were classified histologically from low-grade to high-grade malignancies according to the mitotic rate and proliferative cell markers. In addition, we discussed the significance and evaluation of apoptotic activity as a biological and prognostic factor of LMS.

Materials and Methods

This study was performed on 29 paraffin-embedded tumor tissues from 20 cases of LMS of soft-tissue origin, all of which were removed surgically. The histological diagnosis of these cases were determined in addition to immuno-histochemical findings of vimentin, alpha-smooth muscle actin and HHF 35, and classified into 3 groups according to tumor cell differentiation from poorly to well differentiated types. Mitotic activity is an another aid in evaluating tumor malignancy and thus, the number of mitoses was counted in 10 high-power fields selected randomly as a mitotic rate: under 10 as low-grade, 10 to 20 as intermediate and over 20 as high-grade malignancies.

The clinical data for these cases were collected from medical records. Each case in this study was analyzed according to the tumor nodes metastases classification developed by the Union Internationale Contra le Cancer to evaluate the relation of apoptotic activity in LMS to their biological behavior.

Immunohistochemistry

An immunohistochemical study was performed by the streptavidin-biotin-complex method using the following monoclonal antibodies: anti-p53 nuclear protein (DO-7, 1:50, Dako, Glostrup, Denmark), anti-Ki-67 (MIB-1, 1;50, Immunotech, Marceille, France), anti-proliferating cell nuclear antigen (PCNA) (PC10, Nichirei, Tokyo, Japan) and anti-minimichrosome maintenance 2 protein (MCM2). MCM proteins are composed of 6 isoforms ranging from MCM2 to MCM7. They are expressed in the G1/S phase of the cell cycle and bind to DNA strands for a replication of DNA under the presence of DNA polymerase. Monoclonal antibody (2H10 clone) against MCM2 protein was produced by the immunization of oligopeptide of N-terminal from MCM2 protein with 892 amino acids and was reported as a proliferative marker available to examine the grading of malignancy*. The deparaffinized sections were pretreated with citrate buffer (0.01 mol/L citric acid: pH 6.0) at 92°C for 30 min in a microwave oven (Azumaya MI-77, Osaka, Japan) for all antibodies except anti-PCNA antibody and then incubated at 4°C overnight with the primary antibodies. The positive cells were counted and evaluated as the ratio of immunoreactive cells to the total number of 1,000 tumor cells.

TUNEL

Terminal deoxynucleotidyl transferase-mediated dUTP-biotin nick end labeling (TUNEL) was employed for the detection of apoptotic cells using an ApopTag Plus in situ apoptosis detection kit (Oncor, Gaithersburg, MD) which was followed by the method originally developed by Kerr et al. (1972). Briefly, the sections were incubated with 20 μg/mL proteinase K (Behringer Mannheim/Yamanouchi, Tokyo) for 15 min at 37°C after blocking endogenous peroxidase in methanol for 30 min at room temperature. Thereafter, the sections were layered and incubated on terminal deoxynucleotidyl transferase with digoxigenin-11-dUTP in a

*Shomori K. Personal communication.

moist chamber for 90 min at 37˚C. After stopping the reaction, anti-digoxigenin-peroxidase was applied to the reaction mixture for 30 min at room temperature. The positive reaction was estimated with 3,3'-diamino-benzidine reaction at room temperature. The positive cells were counted and evaluated as the ratio of TUNEL-positive cells to a total number of more than 1,000 tumor cells.

Results

The clinicopathologic data are shown in Table 1. The patients were comprised of 7 males and 13 females. The age distribution was from 35 to 76 years old (mean age, 65.6 years). The primary sites of the tumors involved 12 from the retroperitoneum and abdomen, 4 from the lower extremities, 1 from the upper extremity and 1 from the trunk in addition to 1 from the uterus. Recurrent/metastatic cases were included in 4 cases (10 specimens). Twenty nine specimens from 20 cases of LMS of soft-tissue origin were histologically evaluated into 3 categories of malignancy based on tumor cell differentiation and the mitotic index: 9 low-grade, 8 intermediate and 12 highly malignant LMSs (Table 2). The cases of low-grade malignancy appeared very clear in cell differentiation showing less than 10 mitotic figures per 10 high-power fields selected randomly. The cases of intermediate malignancy were well to moderate in cell differentiation associated with 10 to 20 mitotic figures, and in high-grade malignancy, the tumor cells were poorly differentiated assuming

Table 1. Clinical data of the cases used in this study

Age range (mean)*	35–76 (65.6)
Sex ratio (male:female)	7:13
Primary site	
Retroperitoneum and abdomen	11
Upper extremity	1
Lower extremity	4
Body	1
Uterus	1
Recurrence/metastasis	5

*year.

pleomorphic giant cells abundantly. The mitotic figures were easily encountered at a ratio of over 20 per 10 high-power fields (Figs. 1a–d).

TUNEL labeling for apoptotic cells

Apoptotic cells were determined by the TUNEL method and evaluated as the apoptotic index (AI). Apoptotic cells were distinguished as cells with condensed and fragmented nuclei separated by a clear halo in hematoxylin and eosin stain (Fig. 1d). TUNEL-positivity was observed at a varying degree to the cell nuclei with condensed and fragmented nuclei and occasionally to tumor cells which looked normal (Figs. 2a and b). Table 2 shows the AI, positivities of p53 and the proliferative markers (Ki-67, PCNA and MCM2) of LMS categorized into 3 groups according to the mitotic rate. The immunohistochemical findings of p53 as well as Ki-67, PCNA and MCM2 are shown in Figs. 2c and d. Nine low-grade malignant LMSs showed 0.4 ± 0.2 of AI (mean ± SD) and 0.4 ±

Table 2. Comparative studies on LMS categorized in 3 groups according to the mitotic rate

Malignancy	Number of specimens	Cell differentiation	AI	PI	Cell proliferation		
					Ki-67	PCNA	MCM2
Low-grade (< 10)	9	Well	0.4 ± 0.2	0.4 ± 1.8	2.0 ± 0.6	6.8 ± 1.2	3.2 ± 0.8
Intermediate (10–20)	8	Moderately	1.2 ± 0.5	4.6 ± 2.7	5.0 ± 3.2	16.9 ± 2.6	9.7 ± 2.1
High-grade (20 <)	12	Poorly	1.3 ± 0.9	23.7 ±15.0	16.7 ± 5.0	33.4 ± 6.8	22.1 ±10.7

Mean ± SD.
( ), mitotic rate/10 high-power field.
AI, apoptotic index; LMS, leiomyosarcoma; MCM2, minimichrosome 2; PCNA, proliferating cell nuclear antigen; PI, p53 index; TUNEL, terminal deoxynuleotidyl transferase-mediated dUTP-biotin nick end labeling.
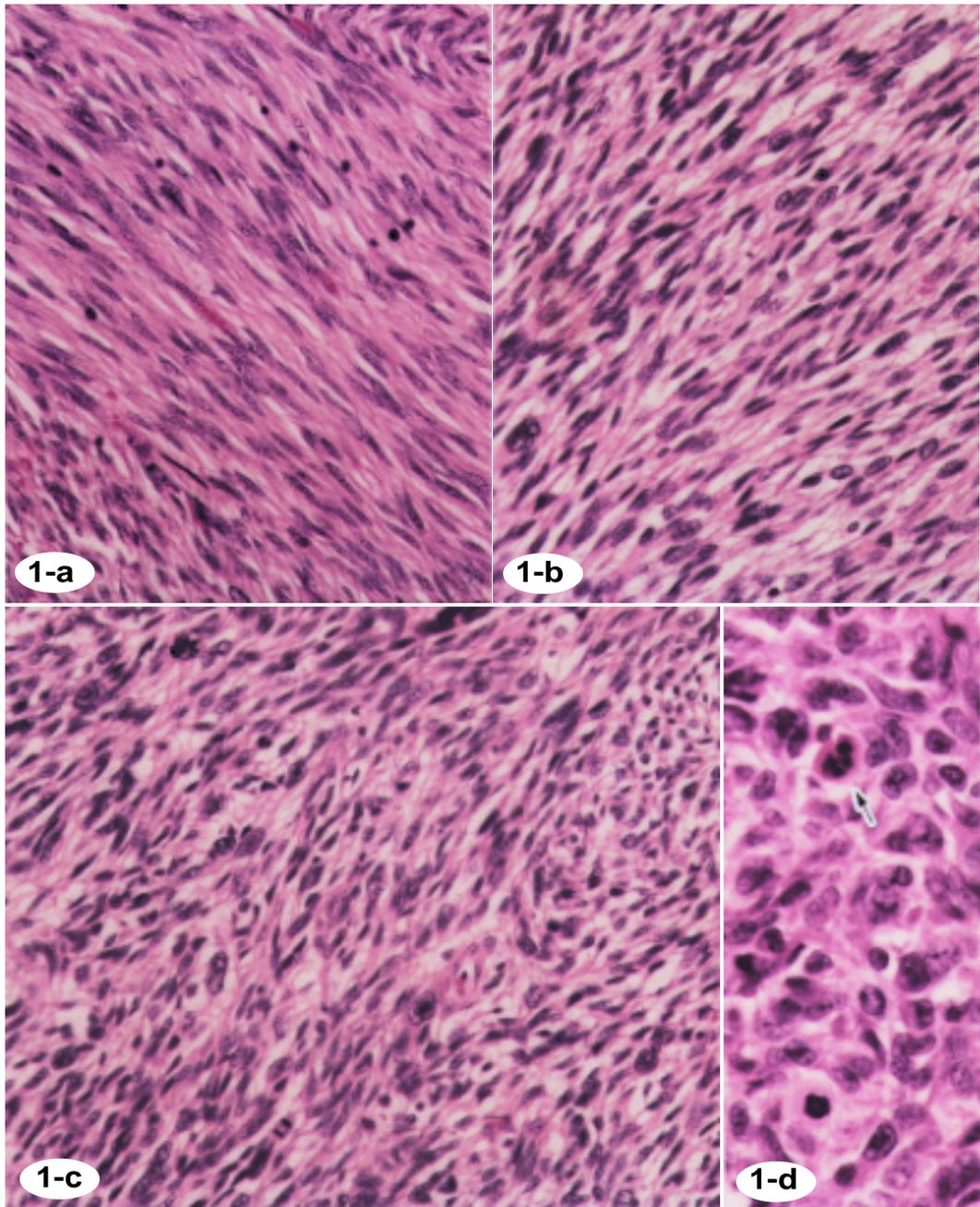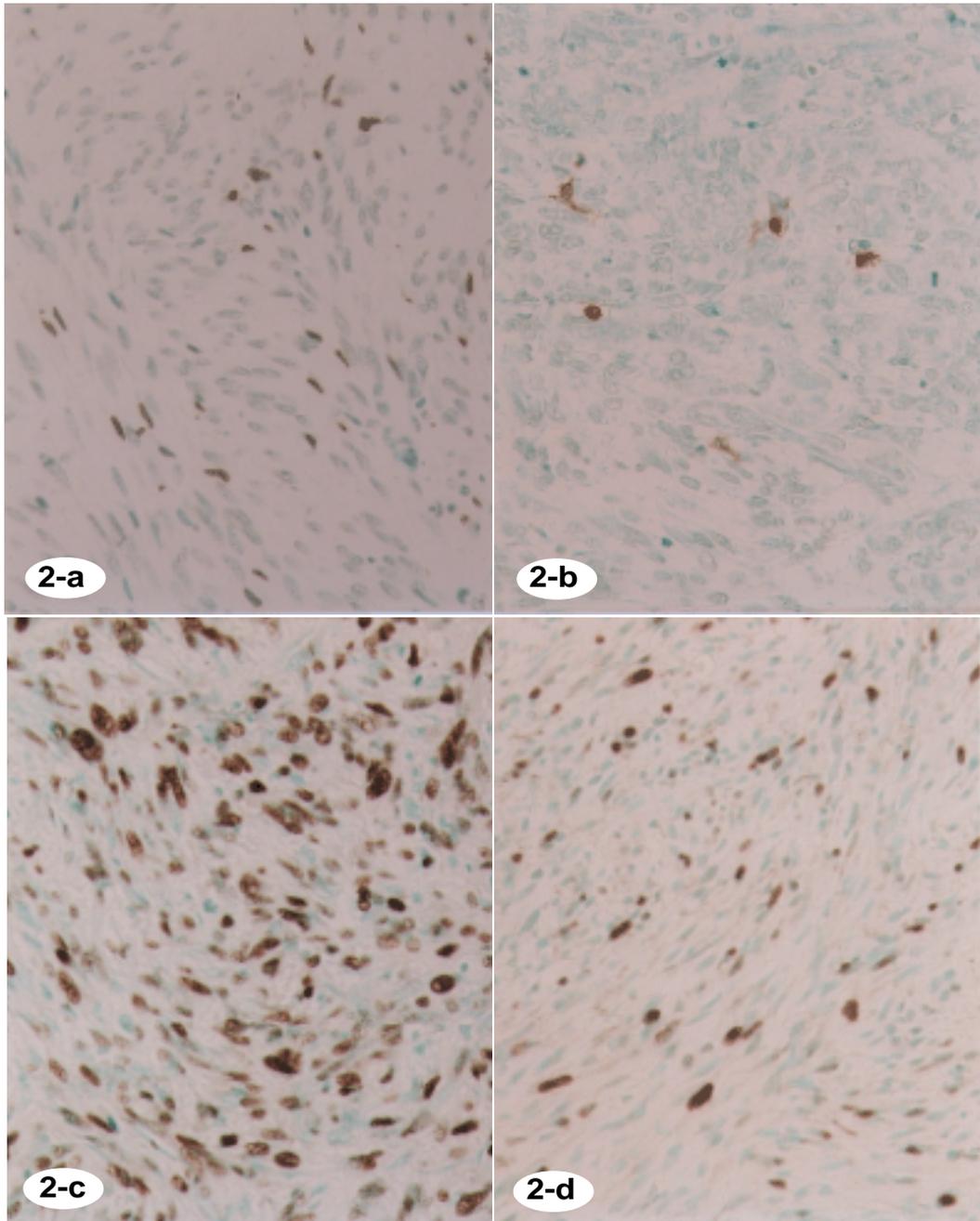
Fig. 1. Histological findings of LMS. Hematoxylin and eosin stain, × 200.

    a: Well-differentiated LMS; mitotic cells, 9/10 HPF, low-grade malignancy, 71/F.
    b: Moderately-differentiated LMS; mitotic cells, 10/10 HPF, intermediate malignancy, 76/F.
    c: Poorly-differentiated LMS; mitotic cells, 34/10 HPF, high-grade malignancy, 63/F.
    d: Arrow indicates an apoptotic cell.

Figs. 2a and b. TUNEL for apoptotic cells. Positive for the tumor cell nuclei at a varying degree. **a:** AI = 5.1; third-recurrent tumor, 63/F. **b:** AI = 0.8; poorly-differentiated LMS, primary, 61/F.

Fig. 2c. Immunohistochemical stain of p53 protein. Strongly positive for the tumor cell nuclei. PI = 57, poorly-differentiated LMS, 74/F.

Fg. 2d. Immunohistochemical stain of Ki-67. Positive for the tumor cell nuclei at a various degree; 21.5%, poorly-differentiated LMS, 74/F.

Table 3. Comparative study on immunohistochemistry by the TUNEL method between 3 primary tumors and their recurrent/metastatic tumors

	Histological grading	Number of mitoses	AI	PI	Cell proliferation		
					Ki-67	PCNA	MCM2
Primary tumor [3]	Low	2– 9	0.4 ± 0.1	0.6 ± 0.5	0.5 ± 0.2	8.4 ± 2.4	3.8 ± 2.7
Recurrent/meta- static tumor* [9]	Intermediate-high	11–34	2.0 ± 0.7	12.3 ± 3.1	12.8 ± 3.5	22.1 ± 9.6	18.1 ± 7.9

Mean ± SD.

[ ], number of specimens.

*Recurrent period: 2–7 years.

AI, apoptotic index; MCM2, minimichrosome 2; PCNA, proliferating cell nuclear antigen; PI, p53 index; TUNEL, terminal deoxynuleotidyl transferase-mediated dUTP-biotin nick end labeling.

0.18 of PI, whereas 12 high-malignant LMSs were statistically higher at a rate of 1.1 ± 0.9 and 23.9 ± 15.0, respectively ($P < 0.05$). Three kinds of proliferative markers of Ki-67, PCNA and MCM2 proteins were examined to assess the proliferating activity of the tumor cells divided into 3 categories of malignancy. The nuclear positivities of Ki-67, PCNA and MCM2 increased statistically in the high-grade malignant LMSs at a rate of 16.7 ± 6.8 in Ki-67, 33.4 ± 6.8 in PCNA and 22.1 ± 10.7 in MCM2, more than those of the low-grade ones, respectively (2.0 ± 0.6 in Ki-67, 6.8 ± 1.2 in PCNA and 3.2 ± 0.8 in MCM2).

Relationship between TUNEL indices and p53 expression

TUNEL and p53 positivities were examined comparatively in primary LMSs (3 cases) and their recurrent/metastatic tumors (9 tumors) as shown in Table 3. TUNEL indices (AIs) of the recurrent/metastatic tumors were statistically higher (mean AI: 2.0 ± 0.7) in comparison with the primary site (0.4 ± 0.1). p53-positive cells increased significantly in cases of the recurrent/ metastatic tumors (mean PI: 12.3 ± 3.1) than in those of the primary tumors (0.6 ± 0.5) ($P < 0.05$) in the same way.

Expression of apoptotic cells between p53-positive and -negative LMSs

Low-grade malignant LMS showed a rate of PI under 5 as shown in Table 2, and thus we figured that p53-positive tumors were rated over 5 PI. The p53-positive LMSs were found in 12 of 29 tumors as shown in Table 4 and revealed the AI at a mean of 2.2 ± 1.6, statistically higher than that (0.4 ± 0.1) of the p53-negative LMSs ($P < 0.05$). Histologically, the p53-positive group included 8 (66.7%) of 12 high-grade and 4 (50%) of 8 intermediate malignancies, whereas 9 (100%) low-grade and 4 (50%) of 8 intermediate malignant LMSs were included in the p53-negative group. The recurrence/metastasis-free

Table 4. AI between p53-negative and positive cases in 3 histological groups

	PI	Number of specimens	AI	Histological grading		
				Low	Intermediate	High
p53-negative	< 5	17	0.4 ± 0.1	9 [1]	4 [2]	4
p53-positive	5 ≤	12	1.5 ± 0.8	0	4 [3]	8 [3]

Mean ± SD.

[ ], number of recurrent/metastatic cases.

AI, apoptotic index; PI, p53 index.

survival rate was compared between the p53-positive and -negative groups (Fig. 3). The patients with p53-positive tumors was significantly worse than those with p53-negative tumors (log-rank test: $P = 0.047$).

Discussion

In this study, we evaluated the frequency of apoptotic cell death in an increasing malignant potential of LMS based on mitotic rate as well as expression of the proliferative markers of Ki-67/PCNA/MCM2 responsible of tumor growth. Secondly, the relationship between p53 overexpression and AIs was investigated to clarify the significance of apoptosis on tumor malignancy and prognostic factor. Our results showed a positive correlation between mitotic rate and increasing grade of histological malignancy on the one hand and the proliferative markers of Ki-67/PCNA/MCM2 on the other. These findings were exactly similar to those reported before by others (Drobijak et al., 1994; Yoo et al., 1997; Konomoto et al., 1998). MCM2 protein is part of the MCM family which is composed of 6 isoforms of MCM2 to MCM7. They are expressed in the G1/S phase of the cell cycle and bind to DNA strands for replication of DNA under the existence of DNA polymerase. The positivity for anti-MCM2 antibody ranged between those of Ki-67 and PCNA.

We observed p53 positivity in 12 (41.4%) of 29 LMSs, of which histological grading was high-malignant in 8 and intermediate malignant in 4. In the current study, p53-immunostaining was positive at a rate of 20 to 64% in various types of soft-tissue sarcomas (Yoo et al, 1997; Stefanou et al, 1998) and 21.6 to 43% of LMS of soft-tissue origin (O'Reilly et al., 1997; Konomoto et al., 1998). The mutated p53 gene loses its inherent transcriptional activity, resulting in enhancement of tumor cell proliferation (Endo et al., 1999). Yoo et al. (1997) suggested the role of the p53 mutation as the pathogenesis of soft-tissue sarcomas. Regarding the biological behavior or prognostic factor, however, the overexpression of p53 protein was estimated as being diverse from the one suggesting a positive correlation between p53 protein and prognosis (Drobijak et al., 1994; Toffoli et al., 1994; Yoo et al., 1997) to the others that indicated no relation between p53 expression and biological behavior (O'Reilly et al., 1997; Stefanou et al., 1998). We would like to emphasize here that the overexpression of p53 protein could be highly valuable as a prognostic factor taken from the findings of an increasing accumulation of p53 protein with an intimate relation to the grading of tumor malignancy.

Detection and identification of apoptotic cells was successfully carried out on the paraffin-embedded sections by using the TUNEL method which was introduced and developed by Gavrieli et al. (1992) and Leoncini et al. (1993) and is based on detecting naturally occurring DNA strand breaks. TUNEL-positive, apoptotic cells were easily recognized as the cells with nuclear condensation, fragmentation separated by a clear halo around the cells in hematoxylin and eosin staining, in addition to the number of normal-looking cells as mentioned previ-
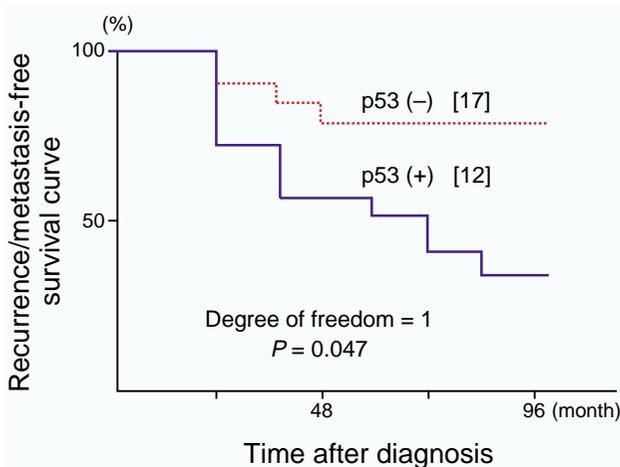

Fig. 3. Recurrence/metastasis-free survival curves of patients with p53-positive and -negative leiomyosarcoma (LMS). Patients with p53-positive tumors were significantly worse than those with p53-negative tumors (log-rank test: $P = 0.047$). [ ], number of specimens.

ously by others (Lowe et al., 1994; Aihara et al., 1994; Arai and Kino, 1995).

We compared AI and PI with histological grading resulting in a positive correlation of AI to PI which increased statistically from low-grade to high-grade malignancy. The AI value, furthermore, was statistically much higher in p53-positive cases of high-grade malignant LMS than in p53-negative cases. Thus, in cases of high-grade malignant LMS, especially recurrent/metastatic tumors, a more rapid growth of tumors caused by increased proliferative activity was probably due to a loss of regulation by p53. Apoptosis is regulated and controlled in its expression by various oncogens and suppresser genes (Kerr and Hormon, 1994). p53 gene is one of the major regulators of apoptosis which can easily allow apoptosis in association with MDM2 by regulating the cell cycle in the manner of growth arrest at G1/S or G2/S phase or apoptotic cell death, but the mutative p53 gene suppresses apoptosis by a loss of transcriptional activity to cyclin-dependent kinase (Aihara et al., 1994). Ikeda et al. (1998) demonstrated that naturally occurring apoptosis appeared to be induced predominantly via a p53-independent pathway from the observation of early and advanced gastric carcinoma. Kawauchi et al. (2000) suggested that apoptosis in cases of synovial sarcoma may be thought to be caused by a multiple apoptosis-regulating mechanism other than p53 protein. Our findings of a positive correlation between an increased amount of apoptotic cells and p53 positivity, however, is most likely to indicate that apoptotic status was induced via a p53-dependent pathway.

There has been a positive correlation reported between apoptotic cells and higher malignancies of non-Hodgkin's lymphomas (Leoncini et al., 1993), prostatic carcinomas (Aihara et al, 1994) and colorectal adenomas (Arai and Kino, 1995). Tatebe et al. (1996) also reported that apoptosis and cell proliferation were more frequent in metastatic foci than in primary lesions of colorectal carcinoma and suggested that apoptosis might reflect not only cell loss, but proliferative activity. A recent study on synovial sarcoma indicated that apoptosis may be an indicator of poor prognosis (Kawauchi et al., 2000). Our results support this hypothesis from the comparative examination of primary tumors and their recurrent/metastatic tumors. We used the materials of LMS originating in deep soft-tissue except for one from organ-specific LMS of the uterus and intestine which represented rather low mitotic activity. In fact, it is suggested that the susceptibility of undergoing apoptosis may reflect the histological differences between tumor types (Staunton et al., 1995). Therefore, the mechanism and role of apoptosis in LMS still remain to be elucidated.

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